

# Walkability Checklist

## How walkable is your community?

### Take a walk with a child and decide for yourselves.

Everyone benefits from walking. But walking needs to be safe and easy. Take a walk with your child and use this checklist to decide if your neighborhood is a friendly place to walk. Take heart if you find problems, there are ways you can make things better.

### Getting started:

First, you'll need to pick a place to walk, like the route to school, a friend's house or just somewhere fun to go.

The second step involves the checklist. Read over the checklist before you go, and as you walk, note the locations of things you would like to change. At the end of your walk, give each question a rating. Then add up the numbers to see how you rated your walk overall.

After you've rated your walk and identified any problem areas, the next step is to figure out what you can do to improve your community's score. You'll find both immediate answers and long-term solutions under "Improving Your Community's Score..." on the third page.



Partnership for a  
Walkable America



Pedestrian and Bicycle Information Center



U.S. Department  
of Transportation

Take a walk and use this checklist to rate your neighborhood's walkability.

# How walkable is your community?

Location of walk \_\_\_\_\_  
\_\_\_\_\_

Rating Scale:



## 1. Did you have room to walk?

- Yes  Some problems:
- Sidewalks or paths started and stopped
  - Sidewalks were broken or cracked
  - Sidewalks were blocked with poles, signs, shrubbery, dumpsters, etc.
  - No sidewalks, paths, or shoulders
  - Too much traffic
  - Something else \_\_\_\_\_
- Locations of problems: \_\_\_\_\_

Rating: (circle one) \_\_\_\_\_  
1 2 3 4 5 6 \_\_\_\_\_

## 4. Was it easy to follow safety rules?

### Could you and your child...

- Yes  No Cross at crosswalks or where you could see and be seen by drivers?
- Yes  No Stop and look left, right and then left again before crossing streets?
- Yes  No Walk on sidewalks or shoulders facing traffic where there were no sidewalks?
- Yes  No Cross with the light?
- Locations of problems: \_\_\_\_\_

Rating: (circle one) \_\_\_\_\_  
1 2 3 4 5 6 \_\_\_\_\_

## 2. Was it easy to cross streets?

- Yes  Some problems:
- Road was too wide
  - Traffic signals made us wait too long or did not give us enough time to cross
  - Needed striped crosswalks or traffic signals
  - Parked cars blocked our view of traffic
  - Trees or plants blocked our view of traffic
  - Needed curb ramps or ramps needed repair
  - Something else \_\_\_\_\_
- Locations of problems: \_\_\_\_\_

Rating: (circle one) \_\_\_\_\_  
1 2 3 4 5 6 \_\_\_\_\_

## 5. Was your walk pleasant?

- Yes  Some unpleasant things:
- Needed more grass, flowers, or trees
  - Scary dogs
  - Scary people
  - Not well lighted
  - Dirty, lots of litter or trash
  - Something else \_\_\_\_\_
- Locations of problems: \_\_\_\_\_

Rating: (circle one) \_\_\_\_\_  
1 2 3 4 5 6 \_\_\_\_\_

## 3. Did drivers behave well?

- Yes  Some problems: Drivers...
- Backed out of driveways without looking
  - Did not yield to people crossing the street
  - Turned into people crossing the street
  - Drove too fast
  - Sped up to make it through traffic lights or drove through traffic lights?
  - Something else \_\_\_\_\_
- Locations of problems: \_\_\_\_\_

Rating: (circle one) \_\_\_\_\_  
1 2 3 4 5 6 \_\_\_\_\_

## How does your neighborhood stack up? Add up your ratings and decide.

1. \_\_\_\_\_ 26-30 Celebrate! You have a great neighborhood for walking.
2. \_\_\_\_\_ 21-25 Celebrate a little. Your neighborhood is pretty good.
3. \_\_\_\_\_ 16-20 Okay, but it needs work.
4. \_\_\_\_\_ 11-15 It needs lots of work. You deserve better than that.
5. \_\_\_\_\_ 5-10 Call out the National Guard before you walk. It's a disaster area.

Total \_\_\_\_\_

Now that you've identified the problems,  
go to the next page to find out how to fix them.

Now that you know the problems,  
you can find the answers.

# Improving your community's score...



## What you and your child can do immediately

## What you and your community can do with more time

### 1. Did you have room to walk?

Sidewalks or paths started and stopped  
Sidewalks broken or cracked  
Sidewalks blocked  
No sidewalks, paths or shoulders  
Too much traffic

- pick another route for now
- tell local traffic engineering or public works department about specific problems and provide a copy of the checklist

- speak up at board meetings
- write or petition city for walkways and gather neighborhood signatures
- make media aware of problem
- work with a local transportation engineer to develop a plan for a safe walking route

### 2. Was it easy to cross streets?

Road too wide  
Traffic signals made us wait too long or did not give us enough time to cross  
Crosswalks/traffic signals needed  
View of traffic blocked by parked cars, trees, or plants  
Needed curb ramps or ramps needed repair

- pick another route for now
- share problems and checklist with local traffic engineering or public works department
- trim your trees or bushes that block the street and ask your neighbors to do the same
- leave nice notes on problem cars asking owners not to park there

- push for crosswalks/signals/parking changes/curb ramps at city meetings
- report to traffic engineer where parked cars are safety hazards
- report illegally parked cars to the police
- request that the public works department trim trees or plants
- make media aware of problem

### 3. Did drivers behave well?

Backed without looking  
Did not yield  
Turned into walkers  
Drove too fast  
Sped up to make traffic lights or drove through red lights

- pick another route for now
- set an example: slow down and be considerate of others
- encourage your neighbors to do the same
- report unsafe driving to the police

- petition for more enforcement
- request protected turns
- ask city planners and traffic engineers for traffic calming ideas
- ask schools about getting crossing guards at key locations
- organize a neighborhood speed watch program

### 4. Could you follow safety rules?

Cross at crosswalks or where you could see and be seen  
Stop and look left, right, left before crossing  
Walk on sidewalks or shoulders facing traffic  
Cross with the light

- educate yourself and your child about safe walking
- organize parents in your neighborhood to walk children to school

- encourage schools to teach walking safely
- help schools start safe walking programs
- encourage corporate support for flex schedules so parents can walk children to school

### 5. Was your walk pleasant?

Needs grass, flowers, trees  
Scary dogs  
Scary people  
Not well lit  
Dirty, litter



- point out areas to avoid to your child; agree on safe routes
- ask neighbors to keep dogs leashed or fenced
- report scary dogs to the animal control department
- report scary people to the police
- report lighting needs to the police or appropriate public works department
- take a walk with a trash bag
- plant trees, flowers in your yard

- request increased police enforcement
- start a crime watch program in your neighborhood
- organize a community clean-up day
- sponsor a neighborhood beautification or tree-planting day
- begin an adopt-a-street program

### A Quick Health Check

Could not go as far or as fast as we wanted  
Were tired, short of breath or had sore feet or muscles

- start with short walks and work up to 30 minutes of walking most days
- invite a friend or child along

- get media to do a story about the health benefits of walking
- call parks and recreation department about community walks
- encourage corporate support for employee walking programs

Need some guidance?  
These resources might help...

# Great Resources

## WALKING INFORMATION

Pedestrian and Bicycle Information Center (PBIC)  
UNC Highway Safety Research Center  
730 Airport Road , Suite 300  
Campus Box 3430  
Chapel Hill, NC  
27599-3430  
Phone: (919) 962-2202  
[www.pedbikeinfo.org](http://www.pedbikeinfo.org)  
[www.walkinginfo.org](http://www.walkinginfo.org)



National Center for  
Bicycling and  
Walking  
Campaign to Make  
America Walkable  
1506 21st Street, NW  
Suite 200  
Washington, DC 20036  
Phone: (800) 760-NBPC  
[www.bikefed.org](http://www.bikefed.org)

## WALK TO SCHOOL DAY WEB SITES

USA event: [www.walktoschool-usa.org](http://www.walktoschool-usa.org)  
International: [www.iwalktoschool.org](http://www.iwalktoschool.org)

## STREET DESIGN AND TRAFFIC CALMING

Federal Highway Administration  
Pedestrian and Bicycle Safety Research Program  
HSR - 20  
6300 Georgetown Pike  
McLean, VA 22101  
[www.fhwa.dot.gov/environment/bikeped/index.htm](http://www.fhwa.dot.gov/environment/bikeped/index.htm)

Institute of Transportation Engineers  
[www.ite.org](http://www.ite.org)

Surface Transportation Policy Project  
[www.transact.org](http://www.transact.org)

Transportation for Livable Communities  
[www.tlcnetwork.org](http://www.tlcnetwork.org)

## ACCESSIBLE SIDEWALKS

US Access Board  
1331 F Street, NW  
Suite 1000  
Washington, DC 20004-1111  
Phone: (800) 872-2253;  
(800) 993-2822 (TTY)  
[www.access-board.gov](http://www.access-board.gov)



## PEDESTRIAN SAFETY

National Highway Traffic Safety Administration  
Traffic Safety Programs  
400 Seventh Street, SW  
Washington, DC 20590  
Phone: (202) 662-0600  
[www.nhtsa.dot.gov/people/injury/pedbimot/ped](http://www.nhtsa.dot.gov/people/injury/pedbimot/ped)

National SAFE KIDS Campaign  
1301 Pennsylvania Ave. NW  
Suite 1000  
Washington, DC 20004  
Phone: (202) 662-0600  
Fax: (202) 393-2072  
[www.safekids.org](http://www.safekids.org)

## WALKING AND HEALTH

Centers for Disease Control and Prevention  
Division of Nutrition and Physical Activity  
Phone: (888) 232-4674  
[www.cdc.gov/nccdphp/dnpa/readysset](http://www.cdc.gov/nccdphp/dnpa/readysset)  
[www.cdc.gov/nccdphp/dnpa/kidswalk/index.htm](http://www.cdc.gov/nccdphp/dnpa/kidswalk/index.htm)

Prevention Magazine  
33 East Minor Street  
Emmaus, PA 18098  
[www.itsallaboutprevention.com](http://www.itsallaboutprevention.com)

Shape Up America!  
6707 Democracy  
Boulevard  
Suite 306  
Bethesda, MD  
20817  
[www.shapeup.org](http://www.shapeup.org)

## WALKING COALITIONS

America Walks  
P.O. Box 29103  
Portland, Oregon  
97210  
Phone: (503) 222-1077  
[www.americawalks.org](http://www.americawalks.org)



Partnership for a Walkable America  
National Safety Council  
1121 Spring Lake Drive  
Itasca, IL 60143-3201  
Phone: (603) 285-1121  
[www.nsc.org/walkable.htm](http://www.nsc.org/walkable.htm)

# Bikeability Checklist

## How bikeable is your community?

### Riding a bike is fun!

Bicycling is a great way to get around and to get your daily dose of physical activity. It's good for the environment, and it can save you money. No wonder many communities are encouraging people to ride their bikes more often!



### Can you get to where you want to go by bike?

Some communities are more bikeable than others: how does yours rate? Read over the questions in this checklist and then take a ride in your community, perhaps to the local shops, to visit a friend, or even to work. See if you can get where you want to go by bicycle, even if you are just riding around the neighborhood to get some exercise.



At the end of your ride, answer each question and, based on your opinion, circle an overall rating for each question. You can also note any problems you encountered by checking the appropriate box(es). Be sure to make a careful note of any specific locations that need improvement.



Add up the numbers to see how you rated your ride. Then, turn to the pages that show you how to begin to improve those areas where you gave your community a low score.

Before you ride, make sure your bike is in good working order, put on a helmet, and be sure you can manage the ride or route you've chosen. Enjoy the ride!

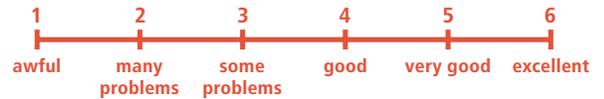
Go for a ride and use this checklist to rate your neighborhood's bikeability.



# How bikeable is your community?

Location of bike ride (be specific): \_\_\_\_\_

Rating Scale:



## 1. Did you have a place to bicycle safely?

### a) On the road, sharing the road with motor vehicles?

- Yes     Some problems (please note locations):
- No space for bicyclists to ride
  - Bicycle lane or paved shoulder disappeared
  - Heavy and/or fast-moving traffic
  - Too many trucks or buses
  - No space for bicyclists on bridges or in tunnels
  - Poorly lighted roadways
- Other problems: \_\_\_\_\_

### b) On an off-road path or trail, where motor vehicles were not allowed?

- Yes     Some problems:
- Path ended abruptly
  - Path didn't go where I wanted to go
  - Path intersected with roads that were difficult to cross
  - Path was crowded
  - Path was unsafe because of sharp turns or dangerous downhill
  - Path was uncomfortable because of too many hills
  - Path was poorly lighted
- Other problems: \_\_\_\_\_

Overall "Safe Place To Ride" Rating: (circle one)

1 2 3 4 5 6

## 2. How was the surface that you rode on?

- Good     Some problems, the road or path had:
- Potholes
  - Cracked or broken pavement
  - Debris (e.g. broken glass, sand, gravel, etc.)
  - Dangerous drain grates, utility covers, or metal plates
  - Uneven surface or gaps
  - Slippery surfaces when wet (e.g. bridge decks, construction plates, road markings)
  - Bumpy or angled railroad tracks
  - Rumble strips
- Other problems: \_\_\_\_\_

Overall Surface Rating: (circle one)

1 2 3 4 5 6

## 3. How were the intersections you rode through?

- Good     Some problems:
- Had to wait too long to cross intersection
  - Couldn't see crossing traffic
  - Signal didn't give me enough time to cross the road
  - Signal didn't change for a bicycle
  - Unsure where or how to ride through intersection
- Other problems: \_\_\_\_\_

Overall Intersection Rating: (circle one)

1 2 3 4 5 6

Continue the checklist on the next page...

## 4. Did drivers behave well?

- Yes     Some problems, drivers:
- Drove too fast
  - Passed me too close
  - Did not signal
  - Harassed me
  - Cut me off
  - Ran red lights or stop sign
- Other problems: \_\_\_\_\_  
\_\_\_\_\_

**Overall Driver Rating:** (circle one)

1   2   3   4   5   6

## 5. Was it easy for you to use your bike?

- Yes     Some problems:
- No maps, signs, or road markings to help me find my way
  - No safe or secure place to leave my bicycle at my destination
  - No way to take my bicycle with me on the bus or train
  - Scary dogs
  - Hard to find a direct route I liked
  - Route was too hilly
- Other problems: \_\_\_\_\_  
\_\_\_\_\_

**Overall Ease of Use Rating:** (circle one)

1   2   3   4   5   6

## 6. What did you do to make your ride safer?

Your behavior contributes to the bikeability of your community. Check all that apply:

- Wore a bicycle helmet
- Obeyed traffic signal and signs
- Rode in a straight line (didn't weave)
- Signaled my turns
- Rode with (not against) traffic
- Used lights, if riding at night
- Wore reflective and/or retroreflective materials and bright clothing
- Was courteous to other travelers (motorist, skaters, pedestrians, etc.)

## 7. Tell us a little about yourself.

In good weather months, about how many days a month do you ride your bike?

- Never
- Occasionally (one or two)
- Frequently (5-10)
- Most (more than 15)
- Every day

Which of these phrases best describes you?

- An advanced, confident rider who is comfortable riding in most traffic situations
- An intermediate rider who is not really comfortable riding in most traffic situations
- A beginner rider who prefers to stick to the bike path or trail

## How does your community rate? Add up your ratings and decide.

(Questions 6 and 7 do not contribute to your community's score)

1. _____	<b>26-30</b>	Celebrate! You live in a bicycle-friendly community.
2. _____	<b>21-25</b>	Your community is pretty good, but there's always room for improvement.
3. _____	<b>16-20</b>	Conditions for riding are okay, but not ideal. Plenty of opportunity for improvements.
4. _____	<b>11-15</b>	Conditions are poor and you deserve better than this! Call the mayor and the newspaper right away.
5. _____	<b>5-10</b>	Oh dear. Consider wearing body armor and Christmas tree lights before venturing out again.
<b>Total</b> _____		

## Did you find something that needs to be changed?

On the next page, you'll find suggestions for improving the bikeability of your community based on the problems you identified. Take a look at both the short- and long-term solutions and commit to seeing at least one of each through to the end. If you don't, then who will?

During your bike ride, how did you feel physically? Could you go as far or as fast as you wanted to? Were you short of breath, tired, or were your muscles sore? The next page also has some suggestions to improve the enjoyment of your ride.

Bicycling, whether for transportation or recreation, is a great way to get 30 minutes of physical activity into your day. Riding, just like any other activity, should be something you enjoy doing. The more you enjoy it, the more likely you'll stick with it. Choose routes that match your skill level and physical activities. If a route is too long or hilly, find a new one. Start slowly and work up to your potential.

Now that you know the problems,  
you can find the answers.

# Improving your community's score...



## 1. Did you have a place to bicycle safely?

### a) On the road?

No space for bicyclists to ride (e.g. no bike lane or shoulder; narrow lanes)  
Bicycle lane or paved shoulder disappeared  
Heavy and/or fast-moving traffic  
Too many trucks or buses  
No space for bicyclists on bridges or in tunnels  
Poorly lighted roadways

### What you can do immediately

- pick another route for now
- tell local transportation engineers or public works department about specific problems; provide a copy of your checklist
- find a class to boost your confidence about riding in traffic

### What you and your community can do with more time

- participate in local planning meetings
- encourage your community to adopt a plan to improve conditions, including a network of bike lanes on major roads
- ask your public works department to consider "Share the Road" signs at specific locations
- ask your state department of transportation to include paved shoulders on all their rural highways
- establish or join a local bicycle advocacy group

### b) On an off-road path or trail?

Path ended abruptly  
Path didn't go where I wanted to go  
Path intersected with roads that were difficult to cross  
Path was crowded  
Path was unsafe because of sharp turns or dangerous downhill  
Path was uncomfortable because of too many hills  
Path was poorly lighted

- slow down and take care when using the path
- find an on-street route
- use the path at less crowded times
- tell the trail manager or agency about specific problems

- ask the trail manager or agency to improve directional and warning signs
- petition your local transportation agency to improve path/roadway crossings
- ask for more trails in your community
- establish or join a "Friends of the Trail" advocacy group

## 2. How was the surface you rode on?

Potholes  
Cracked or broken pavement  
Debris (e.g. broken glass, sand, gravel, etc.)  
Dangerous drain grates, utility covers, or metal plates  
Uneven surface or gaps  
Slippery surfaces when wet (e.g. bridge decks, construction plates, road markings)  
Bumpy or angled railroad tracks  
Rumble strips

- report problems immediately to public works department or appropriate agency
- keep your eye on the road/path
- pick another route until the problem is fixed (and check to see that the problems are fixed)
- organize a community effort to clean up the path

- work with your public works and parks department to develop a pothole or hazard report card or online link to warn the agency of potential hazards
- ask your public works department to gradually replace all dangerous drainage grates with more bicycle-friendly designs, and improve railroad crossings so cyclists can cross them at 90 degrees
- petition your state DOT to adopt a bicycle-friendly rumble-strip policy

## 3. How were the intersections you rode through?

Had to wait too long to cross intersection  
Couldn't see crossing traffic  
Signal didn't give me enough time to cross the road  
The signal didn't change for a bicycle  
Unsure where or how to ride through intersection

- pick another route for now
- tell local transportation engineers or public works department about specific problems
- take a class to improve your riding confidence and skills

- ask the public works department to look at the timing of the specific traffic signals
- ask the public works department to install loop-detectors that detect bicyclists
- suggest improvements to sightlines that include cutting back vegetation; building out the path crossing; and moving parked cars that obstruct your view
- organize community-wide, on-bike training on how to safely ride through intersections

# Improving your community's score...

(continued)

## What you can do immediately

## What you and your community can do with more time

### 4. Did drivers behave well?

Drivers:  
Drove too fast  
Passed me too close  
Did not signal  
Harassed me  
Cut me off  
Ran red lights or stop signs

- report unsafe drivers to the police
- set an example by riding responsibly; obey traffic laws; don't antagonize drivers
- always expect the unexpected
- work with your community to raise awareness to share the road

- ask the police department to enforce speed limits and safe driving
- encourage your department of motor vehicles to include "Share the Road" messages in driver tests and correspondence with drivers
- ask city planners and traffic engineers for traffic calming ideas
- encourage your community to use cameras to catch speeders and red light runners

### 5. Was it easy for you to use your bike?

No maps, signs, or road markings to help me find my way  
No safe or secure place to leave my bicycle at my destination  
No way to take my bicycle with me on the bus or train  
Scary dogs  
Hard to find a direct route I liked  
Route was too hilly

- plan your route ahead of time
- find somewhere close by to lock your bike; never leave it unlocked
- report scary dogs to the animal control department
- learn to use all of your gears!

- ask your community to publish a local bike map
- ask your public works department to install bike parking racks at key destinations; work with them to identify locations
- petition your transit agency to install bike racks on all their buses
- plan your local route network to minimize the impact of steep hills
- establish or join a bicycle user group (BUG) at your workplace

### 6. What did you do to make your ride safer?

Wore a bicycle helmet  
Obeyed traffic signals and signs  
Rode in a straight line (didn't weave)  
Signaled my turns  
Rode with (not against) traffic  
Used lights, if riding at night  
Wore reflective materials and bright clothing  
Was courteous to other travelers (motorists, skaters, pedestrians, etc.)

- go to your local bike shop and buy a helmet; get lights and reflectors if you are expecting to ride at night
- always follow the rules of the road and set a good example
- take a class to improve your riding skills and knowledge

- ask the police to enforce bicycle laws
- encourage your school or youth agencies to teach bicycle safety (on-bike)
- start or join a local bicycle club
- become a bicycle safety instructor



Need some guidance?  
These resources might help...

# Great Resources

## STREET DESIGN AND BICYCLE FACILITIES

American Association of State Highway and Transportation Officials  
444 North Capitol Street, NW, Suite 249  
Washington, DC 20001  
Tel: (202) 624-5800  
[www.aashto.org](http://www.aashto.org)

Institute of Transportation Engineers  
1099 14th Street, NW, Suite 300 West  
Washington, DC 20005-3438  
Tel: (202) 289-0222  
[www.ite.org](http://www.ite.org)

Association of Pedestrian and Bicycle Professionals (APBP)  
P.O. Box 23576  
Washington, DC 20026  
Tel: (202) 366-4071  
[www.apbp.org](http://www.apbp.org)

Pedestrian and Bicycle Information Center (PBIC)  
UNC Highway Safety Research Center  
730 Airport Road, Suite 300  
Campus Box 3430  
Chapel Hill, NC 27599-3430  
Tel: (919) 962-2202  
[www.pedbikeinfo.org](http://www.pedbikeinfo.org)  
[www.bicyclinginfo.org](http://www.bicyclinginfo.org)

Federal Highway Administration  
400 Seventh Street, SW  
Washington, DC 20590  
[www.fhwa.dot.gov/environment/bikeped/index.htm](http://www.fhwa.dot.gov/environment/bikeped/index.htm)

## EDUCATION AND SAFETY

National Highway Traffic Safety Administration  
400 Seventh Street, SW  
Washington, D.C. 20590  
Tel: (202) 366-1739  
[www.nhtsa.dot.gov/people/injury/pedbimot/bike/](http://www.nhtsa.dot.gov/people/injury/pedbimot/bike/)

League of American Bicyclists  
1612 K Street NW, Suite 401  
Washington, DC 20006  
Tel: (202) 822-1333  
[www.bikeleague.org](http://www.bikeleague.org)

National Bicycle Safety Network  
[www.cdc.gov/ncipc/bike/default.htm](http://www.cdc.gov/ncipc/bike/default.htm)

National Safe Kids Campaign  
1301 Pennsylvania Ave NW, Suite 1000  
Washington, DC 20004  
Tel: (202) 662-0600  
[www.safekids.org](http://www.safekids.org)

## PATHS AND TRAILS

Rails to Trails Conservancy  
1100 17th Street SW, 10th Floor  
Washington, DC 20036  
Tel: (202) 331-9696  
[www.railtrails.org](http://www.railtrails.org)

National Park Service  
Rivers, Trails and Conservation Assistance Program  
1849 C Street, NW, MS-3622  
Washington, DC 20240  
[www.nrc.nps.gov/rtca/rtca-ofh.htm](http://www.nrc.nps.gov/rtca/rtca-ofh.htm)

## HEALTH

Centers for Disease Control and Prevention  
Division of Nutrition and Physical Activity  
4770 Buford Highway, NE  
Atlanta, GA 30341-3724  
[www.cdc.gov/nccdphp/dnpa](http://www.cdc.gov/nccdphp/dnpa)  
Tel: (770) 488-5692

National Center for Injury Prevention and Control  
Childhood Injury Prevention  
4770 Buford Highway, NE  
Atlanta, GA 30341  
[www.cdc.gov/ncipc](http://www.cdc.gov/ncipc)

## ADVOCACY AND USER GROUPS

Thunderhead Alliance  
1612 K Street, NW, Suite 401  
Washington, DC 20006  
Tel: (202) 822-1333  
[www.thunderheadalliance.org](http://www.thunderheadalliance.org)

League of American Bicyclists  
1612 K Street, NW, Suite 401  
Washington, DC 20006  
Tel: (202) 822-1333  
[www.bikeleague.org](http://www.bikeleague.org)

National Center for Bicycling and Walking  
1506 21st Street, NW, Suite 200  
Washington, DC 20036  
Tel: (202) 463-6622  
[www.bikewalk.org](http://www.bikewalk.org)

Surface Transportation Policy Project  
1100 17th Street, NW, 10th Floor  
Washington, DC 20036  
Tel: (202) 466-2636  
[www.transact.org](http://www.transact.org)

## OTHER USEFUL RESOURCES

Bikes and transit: [www.bikemap.com](http://www.bikemap.com)

Bicycle information: [www.bicyclinginfo.org](http://www.bicyclinginfo.org)

Bicycle-related research:  
[www.tfhr.gov/safety/pedbike/pedbike.htm](http://www.tfhr.gov/safety/pedbike/pedbike.htm)

Bicycling Magazine: [www.bicycling.com/](http://www.bicycling.com/)

Bicycle touring:  
Adventure Cycling Association  
P.O. Box 8308  
Missoula, MT 59807  
(800) 755-2453  
(406) 721-8754  
[www.adv-cycling.org](http://www.adv-cycling.org)

# WALK TO SCHOOL SURVEY

*Parent Survey* (to be completed by parent or guardian.)

1. **How many children do you have attending this school?** \_\_\_\_\_
2. **What are their ages?** \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_
3. **In an average school week, how many days does your child/children use the following modes of transportation to get to and from school?** (Write the number of times your child/children travel to and from school; if different for each child, indicate the number of times and age of the child that travels each way (3x/8 year old, 2x/10yo).

TIMES PER WEEK

\_\_\_\_\_ Walk to school  
 \_\_\_\_\_ Bicycle to school  
 \_\_\_\_\_ Ride the school bus to school  
 \_\_\_\_\_ Ride in a car to school  
 \_\_\_\_\_ Ride in a carpool to school  
 Other (explain) \_\_\_\_\_

TIMES PER WEEK

\_\_\_\_\_ Walk home from school  
 \_\_\_\_\_ Bicycle home from school  
 \_\_\_\_\_ Ride the school bus home from school  
 \_\_\_\_\_ Ride in a car home from school  
 \_\_\_\_\_ Ride in a carpool home from school  
 Other (explain) \_\_\_\_\_

4. **What concerns do you have about your child/children walking to and from school?**  
 (Please place the appropriate number in each box according to the following scale)

1 = Concerns me greatly  
 3 = Concerns me a little

2 = Concerns me somewhat  
 4 = Not a concern

\_\_\_\_\_ Crime (stranger danger, gangs, bullying)  
 \_\_\_\_\_ Too much traffic in neighborhood  
 \_\_\_\_\_ Too much traffic at school  
 \_\_\_\_\_ Traffic speed  
 \_\_\_\_\_ No or inadequate sidewalks/bikeways on the route to school  
 \_\_\_\_\_ Distance from school  
 \_\_\_\_\_ Not enough time  
 \_\_\_\_\_ Child's/children's after school schedule  
 \_\_\_\_\_ Convenience (it is easier to drop off child/children on the way to work)  
 \_\_\_\_\_ Child/children would be walking/bicycling alone to school  
 \_\_\_\_\_ Child/children do not want to walk or bicycle to school  
 Other (please explain) \_\_\_\_\_

5. **If your child/children *do not* already walk or bicycle to school, what would make you more likely to allow them to?** (Check all that apply)

\_\_\_\_\_ Crime watch  
 \_\_\_\_\_ Less traffic  
 \_\_\_\_\_ Sidewalks/bikeways/crosswalks  
 \_\_\_\_\_ Another child to walk/ride with your child/children  
 \_\_\_\_\_ An adult to walk/ride with your child/children  
 \_\_\_\_\_ None  
 Other (explain) \_\_\_\_\_

6. If your child/children *do* already walk or bicycle to school, what changes would make you more comfortable as your child/children walk or bicycle? (Check all that apply)

Crime watch

Less traffic

Sidewalks/bikeways/crosswalks

Another child to walk/ride with your child/children

An adult to walk/ride with your child/children

None

Other (explain) \_\_\_\_\_

7. Do you have any comments or suggestions about how this neighborhood should implement a *Walk to School* program?

8. Would you allow your child/children to participate in a *Walk to School* program in our neighborhood? (Circle only one)

YES

NO

Unsure

9. Would you be interested in volunteering to help plan the *Walk to School* program? (Circle only one)

YES

NO

Undecided

If yes, what days/times of the week would be convenient for you to meet to plan the *Walk to School* program?

10. Would you be interested in walking with a group of children one or more times per week?

YES

NO

Undecided

11. Would you be interested in having your home identified as a checkpoint for emergencies that children might experience while walking to and from school?

YES

NO

Undecided

**Optional** (please print)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City, Zip Code: \_\_\_\_\_

*Thank You for Completing this Survey!*

# ***WALK TO SCHOOL EVALUATION***

Directions: *Complete the following form as it relates to the Walk to School program in your neighborhood.*

Are you a *Walk to School* volunteer?      YES      NO

If yes, explain:

## **INFORMATION** (Check all that apply)

1. How did you find out about the *Walk to School* program?

- Flyer/poster
- Letter
- Telephone call
- E-mail
- Word of mouth
- Neighborhood meeting
- Other

Comments or suggestions:

2. How would you describe the information you received about the *Walk to School* program?

- Useful
- Not useful
- Right amount
- Too much
- Not enough

Comments or suggestions:

3. How would you describe the neighborhood *Walk to School* meetings?

- Organized
- Disorganized
- Useful
- Not useful

Comments or suggestions:

**PROGRAM** (Write the number that best corresponds to your response)

Strongly disagree 1	Disagree 2	Agree 3	Strongly agree 4	Do not know 5
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- \_\_\_\_\_ Adequate precautions were taken to ensure the children's safety as they walked.
- \_\_\_\_\_ I believe that my child/children are safe on the way to and from school.
- \_\_\_\_\_ I believe that my child/children have become more skilled pedestrians.
- \_\_\_\_\_ I am pleased with the volunteers who walk my child/children to and from school.
- \_\_\_\_\_ I think my child/children are getting more physical activity as a result of the *Walk to School* program.
- \_\_\_\_\_ My child/children enjoy walking to and from school with the group.
- \_\_\_\_\_ I believe that the program has helped my family get to know our neighbors better.

**QUESTIONS AND COMMENTS**

4. Would you like the *Walk to School* program to continue next term? (circle one)

YES

NO (please explain)

5. What did you like about the *Walk to School* program this term?

6. What should be changed about the *Walk to School* program for the next term?

7. How would you rate the *Walk to School* program?

Excellent

Good

No opinion

Poor

8. Additional comments and suggestions:

Name and telephone number (optional): \_\_\_\_\_

**Please return this form to:**

Name: \_\_\_\_\_

Street, City, State, Zip: \_\_\_\_\_

# WALK TO SCHOOL COLORADO





**COLORADO**



**OCTOBER 8, 2003**

**COLORADO**



**OCTOBER 6-10, 2003**

**COLORADO**



**WALKING WEDNESDAYS**